



2024 Last Chance

Updated: 4/4/24

Saturday:

Session A:	1:00 pm	Pre-Team (<i>Unsanctioned</i>)
Session 1:	3:00 pm	Copper 1
Session 2:	5:15 pm	Copper 2

Sunday:

Session 3:	8:00 am	Bronze
<i>(Doors open at 7:45 am if athletes need more stretch time)</i>		
Session 4:	11:00 am	Diamond
Session 5:	1:15 pm	Gold / Silver



** Please confirm times prior to traveling to your meet**

Any changes will be sent via Push Notifications through the [MeetHub](#) mobile app and posted on Gym-Nest.com