



2022 Long Island Classic

Updated 2/22/22

Friday:

Session 1:	8:00 am (doors open at 7:45)	Level 2 & 3:
Five Star, Gym-Nest, Infinity, Mid Island, Core JCC Mid Westchester, Aviator, Nina's, Power Moves		
Session 2:	10:00 am	Xcel Bronze:
Twist N Flip, Progressive, Ms. J's, Chelsea Piers, Aviator, Industry		
Session 3:	12:30 pm	Level 4 & 5:
Aviator, Core, Five Star, Nina's, JCC Mid Westchester, Gym-Nest, Mid Island, Power Moves, MGA, Infinity		
Session 4:	2:45 pm	Level 6 & 7:
Aviator, Core, Five Star, Nina's, JCC Mid Westchester, Elite-NY, Progressive Gym-Nest, Mid Island, Power Moves, MGA, Infinity, Victors		
Session 5:	6:00 pm	Level 8-10, Xcel P & D:
Five Star, Nina's, Twist N Flip, Elite-NY, Progressive, Chelsea Piers Gym-Nest, Mid Island, Power Moves, MGA, Victors, Elite-CT		



** Please confirm times prior to traveling to your meet**

Any changes will be sent via Push Notifications through the [MeetHub](#) mobile app and posted on Gym-Nest.com



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Saturday:

Session 6:	8:00 am (doors open at 7:45)	Xcel Silver:
Twist N Flip, Progressive, Chelsea Piers, Aviator Ms. J's, JCC Mid Westchester, Industry		
Session 7:	9:45 am	Xcel Gold:
Twist N Flip, Chelsea Piers, Aviator Ms. J's, JCC Mid Westchester, Industry, Nina's		
Session 8:	12:00 am	NGA- 2-5 & S:
Gymnastics Unlimited, Central PA, Head over Heels		
Session 9:	2:00 pm	NGA- G, P, D, 6-10:
Gymnastics Unlimited, Central PA, Head over Heels, New Generation		
Session 10:	4:30 pm	IGC Silver & Gold:
All Golds & Silvers from: Five Star, BK, Delco, Flips, Silver Stars, Gym-Nest, Gymtime, Progressive		
Session 11:	7:00 pm	IGC Silver:
GMGC-C, Hills, Sagamore, Apex		



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Sunday:

Session 12:	8:00 am (doors open at 7:45)	IGC Copper 1:
Core, Flips, Gymtime, Hills, Apex, Sagamore, Silver Stars		
Session 13:	10:00 am	IGC Copper 2:
Apex, Core, Gymtime, BK, Sagamore, Hills, Flips, Progressive, Silver Stars		
Session 14:	12:30 pm	IGC Bronze:
Sagamore, Hills, Five Star, Silver Stars, Discovery		
Session 15:	3:15 pm	IGC Bronze:
Delco, GMGC-C, Gym-Nest, Gymtime, Apex, BK, Flips, Progressive		
Session 16:	6:00 pm	IGC Diamond:
Delco, Gym-Nest, Apex, BK, Hills, Silver Stars, Progressive, Discovery		



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